

Full Report (All Nutrients) 45048974, SCHNUCKS, BREAKFAST SANDWICHES, UPC: 041318870879

Powered by [LabelInsight](#)

Report Date: May 25, 2017 17:00 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Schnuck Markets, Inc.

Nutrient	Unit	Data points	Std. Error	119.0 g 119g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	330	277
Protein	g	--	--	12.99	10.92
Total lipid (fat)	g	--	--	20.00	16.81
Carbohydrate, by difference	g	--	--	25.00	21.01
Fiber, total dietary	g	--	--	1.0	0.8
Sugars, total	g	--	--	2.00	1.68
Minerals					
Calcium, Ca	mg	--	--	200	168
Iron, Fe	mg	--	--	1.80	1.51
Sodium, Na	mg	--	--	700	588
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	300	252
Lipids					
Fatty acids, total saturated	g	--	--	7.997	6.720
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	105	88

Amino Acids

Other

Ingredients

MUFFIN: ENRICHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS 2% OR LESS OF: CORN FLOUR, CORN MEAL, SALT, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, ASCORBIC ACID, FUMARIC ACID, MONOCALCIUM PHOSPHATE, CORN STARCH, ENZYMES, CALCIUM PROPIONATE (PRESERVATIVE). SAUSAGE: PORK, WATER, SALT, SPICES, SODIUM PHOSPHATE, SUGAR, MONOSODIUM GLUTAMATE, SPICE EXTRACTIVES, BHT, CITRIC ACID, PROPYL GALLATE, CARAMEL COLOR. EGG: WHOLE EGGS, WATER, SOYBEAN OIL, MODIFIED STARCH, WHEY, SALT, NONFAT DRIED MILK, CITRIC ACID. CHEESE: CHEDDAR CHEESE (MILK, CHEESE CULTURE, SALT,

ENZYMES, COLORED WITH ANNATTO), WATER, CREAM, ENZYME MODIFIED CHEESE (MILK, CHEESE CULTURE, SALT, ENZYME, WATER, LIPOLYZED CREAM, SODIUM PHOSPHATE, XANTHAN GUM), SODIUM PHOSPHATE, SALT, SORBIC ACID (PRESERVATIVE) SODIUM CITRATE, APO-CAROTENAL (COLOR). *Date Last Updated by Company:* 05/23/2014